



From the Pastor

October, 2023

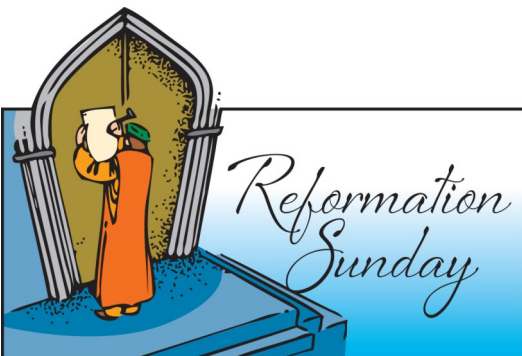


Dear Beacon of Hope Cooperative Parish,

October brings cooler weather as well as the changing of the leaves to a cascade of beautiful colors. For many of us, Fall is our favorite season of the year. I hope the fall is a wonderful time for all of us to enjoy family and friends. On October 29th we will celebrate Reformation Sunday. We will recall the work of people like Martin Luther, John Clavin, Ulrich Zwingli, and others. These Reformers confronted the church of their day and worked to change it. Some of the fruit that was gained by the Reformation was translating our Biblical texts into languages we could read and understand. Our view of Holy Communion was shaped and changed. We developed a closer relationship with Jesus Christ, as personal conversion and piety were emphasized. In October we will be learning more about the work of the Reformers as we endeavor to enter into the next chapter of our lives in this Cooperative Parish. I thank you all for being on this journey of faith with me.

I wish you peace and Blessings,

Rev. Ed



For Pastoral Care	
	Please Contact
	Rev. Ed Bove
	(401) 525-6866 or
	revbove@gmail.com





What is HeartSource?



Participants say:

“HeartSource is a community of believers focused on enhancing worship through illuminating Scriptures.”
Beverly

“HeartSource is a loosely gathered group of people who create collaboratively from heartfelt belief, enhancements to make worship joyful and more meaningful. To me, our common source of belief in Christ's love, allows us to respectfully interact despite our individual differences and to care about each other.”
Liz

“A community that gathers to share gifts, talents, and inspirations to develop scripture based projects to support and enhance Sunday worship.”
Suzanne

“Just as Jesus meets us where we are in our journey of faith, Heart Source is striving to make the Word and messages alive & relevant in another way to reach people where they are.”
Michelle

“HeartSource, to me, is an opportunity to look deeply into scripture to understand what it meant in the time and culture in which it was written, but also how it applies to our lives in our time and culture, which is sometimes not the same thing. Then it is a way of communicating that understanding to the congregation during worship by using spoken, written and artistic expression to make it more intellectually and emotionally meaningful than just hearing the same scripture readings we have all heard over and over again for most of our lives.”
Barb

“HEARTSOURCE is an opportunity for anyone who enjoys creating for worship. All forms of art, music, drama, liturgy, poetry, movement, and new ideas are included as possibilities. What is used comes out of reading chosen scripture, conversing and hearing ideas that come from the participants through this process. It is a powerful example of the Holy Spirit working among us!”
Susan

Collective definition:

Beacon of Hope's HeartSource is a group of believers who respectfully interact in conversation through deeper study of scripture, making the Word alive and relevant by sharing gifts, talents, and inspirations to the worshipping community.

OCTOBER



Barbara Stirk—1
Margaret Wormwood—4
Marcia Carter—8
Deb Shipp—10
Warren King—23
Brenda Kanbar—24

HAPPY
Birthday
FROM YOUR
CHURCH FAMILY



Clem & Merri Meserve—20

Happy
ANNIVERSARY

*If we don't have your birthday or anniversary on file please leave a note or email for Sandy Farrar at goodwinsmillsumc@gmail.com and we will get our records up to date.
Thank you.*



Let's sing in choir again!

All are welcome!

For the month of October, Beacon of Hope Choir rehearsals are held **Fridays at 11:00 a.m. at the West Kennebunk UMC, 160 Alfred Road in West Kennebunk.** Any questions, contact Susan Heafield: heafield.susan@gmail.com or 207-502-7402.



Praise the LORD! Sing to the LORD a new song.

Psalm 149:1, NRSV

The choir will sing at
West Kennebunk UMC
every Sunday in October!



From West Kennebunk UMC

Our Annual Holiday Fair is scheduled for November 18th this year. (Info regarding other tables (Crafts, Bakes, Decorations, RADA coming out shortly.)

Hello Beacon of Hope Family,

Before we know it, our November Holiday Fair will be upon us. As part of this fair, we are hoping to have our "Silent Auction" again this year, but we need everyone's help to gather donations.

If you know a vendor that might donate an item, a gift card or a service, please contact them with a request. If you have a special talent....sewing, pottery, stained glass, artwork, greeting cards, jewelry etc., please consider a donation. And, you can always purchase a gift card ... such as Dunkin Donuts, Starbucks, Hannaford, Market Basket, WalMart, Target, Nail Salons Car Dealerships for an oil change or for any Restaurant in the area. Or think big if you know someone....fishing trip, a restaurant Chef's Dinner, a dozen lobsters, a week in a timeshare..... so many options!

Watch for sales....Children's toys, games, puzzles, outdoor equipment, sleeping bags, etc, all ages, always do well. This has been a very big event for us in the past, but has waned off a bit during the pandemic. Small appliances also do well. In the past, we've had as many as 200 items; I'd like to see a minimum of 80 items to consider this auction.

How about putting together a basket...these most always to do well....some themes are: Baking, Cooking,, Movie Night, Hostess Basket for Thanksgiving or Christmas, Gardening, Crafts, Beading, artwork, stationery & stamps...etc.... these could be for a child or an adult.

I have attached the form we use for donations...the right side is the is a "receipt" for your "vendor" and the left side gives me the info we need to send a thank you note and the retail value of the donation so I know where to start the bidding etc. I have also attached an older list that we used with "ideas" to support the Silent Auction. Last but not least, please send me a text or leave me a voicemail as you make contact with local businesses....this ensures that we are not double teaming them...we will update and distribute the list as I know who has been contacted. Thank you, everyone, for whatever you might be able to contribute to make this another successful Silent Auction.....***PLEASE feel free to call me, anytime, with questions.....***

Kind Regards & Blessings,
Alayna
207-632-7599



West Kennebunk United Methodist Church

Annual Silent Auction

Date: November 18, 2023

We are asking for your support for this annual fundraiser that goes toward our general budget so we can continue our support of local and worldwide missions.

Business name: _____

Address & Telephone number: _____

Contact name _____

Item donated _____

Value of item _____



West Kennebunk United Methodist Church Silent Auction



Date: _____

We are asking for your support as we prepare for our annual Silent Auction. Your donations to our silent auction enable us to keep these missions in our general budget, such as:

York County Shelter

Adopt Families at Christmas

York County Food Pantry

Caring Unlimited

Community Outreach Services

Thank you for your donation to the WKUMC/Beacon of Hope.
This is your receipt.

Item donated _____ **Value** _____

Signed _____

Friends and Family Donations to Silent Auction

Here is a list of items that draw lots of bids. Toys are always a big draw as folks are doing their Christmas shopping. All items should be **NEW** please.

Toys: Legos, board games, books, scooter, trucks, dolls, erector set, Lincoln Logs, Beyblade, science kits, Fingerlings, Batman, Star Wars, Barbie, Klutz craft kits for tweens...check flyers for ideas!

Baby/Toddler Toys: riding toys, Let's Dance Elmo or any Elmo, walker, bouncy chair, activity cube/table

Small appliances: Instant Pot (super popular), toaster, griddle iron, sandwich maker, mixer, immersion blender

Tools: Drill, tool box, sander, wet/dry vacuum, handheld vacuum

Home Goods: Bedspread set, Mirror, throw pillows, glasses, shelves, serving dishes

Sports: soccer ball, basketball, skateboard, ski accessories

Gift baskets...folks love them and they look great spread throughout tables:

Baby gift basket – hooded towel, baby nightgown, bath accessories, rubber duckie all in basket or baby bath.

Gardening Gift Basket – trowel, gloves, seeds, garden stone, nursery gift card

Crackers and Wine basket – crackers, cheese, wine, wooden cutting board, cheese spreader, tea towel

Movie Night Basket, Game Night Basket

Art/Books – paintings by local artists, signed books by local authors, or just a favorite book on history, gardening, music, sports etc.

Gift Cards – when you are at your favorite store or restaurant, buy a gift card to donate to our auction: Target, Kohls, LL Bean, Walmart, Hannaford's, Market Basket, Duffy's, Mike's American Diner, 99's, Applebees, Valerie's, The Steakhouse, Mike's Clam Shack, Reny's, Dollar Store..... Etc., etc..... wherever you shop, purchase a gift card to donate.



We are hoping that everyone might do one to three items for the auction, without putting undue stress on anyone....please just do what you can, or get someone else to do the donating for you!

PLEASE KEEP IN YOUR Prayers

Below are the names of people or situations from the Beacon of Hope Cooperative Parish that need your prayers. To add or remove names on the list, please contact Sandy Farrar before the 20th of the month at gmumc@gmail.com

Pam Boyden

Baby Miracle Chapman

Cory, Liam & Maverick

Lisa Dufour (Ruth Morrison's sister-in-law)

Kevin Hickey

Bethany Hickey (wife)

Kevin & Kelen Hickey (sons)

Jessica & Family

Connor Johnson (West Kennebunk)

Barbara Lawson

Marcia Lawson

Lettie Lemay

Cathy Mullen (Margie Lord's sister-in-law)

Ed Philbrook

Dick & Judy Cadmus

Joanna Brown

David Harriman (Sandy Farrar's cousin)

Helena called and asked to be put on the prayer list along with her daughter, Laura, and friends: Kathy & husband, John, Chris, Linda, Gloria, Patty, Everett, Donna, Michelle, Steve, Gail, Cindy & Maureen.

Matthew Philbrook

Stephen Raynolds

Roy & Derrick

Pattie Vigue

Steve Robinson (Sandy Farrar's father)



Thanks for the many blessings we have received and for this church family.

Please also keep our Bishop Rev. Peggy Johnson, our District Superintendent, Rev. Arlene Tully and our pastor Rev. Ed Bove and family in your prayers.

Given during pregnancy, the flu shot was **92%** effective in preventing hospitalization of infants for flu.

The vaccine **cannot** give you the flu.

October to May is Flu Season. For the best protection, get the vaccine every year in early Fall since it takes about 2 weeks to develop antibodies that protect against the flu virus.

Vaccination reduced the risk of pediatric ICU admissions by **74%** for flu-related illnesses.

The flu vaccine can **prevent** illness and flu-related complications and reduce severity of flu symptoms.

Get Your Flu Shot

before you put your pumpkins out.

source: www.cdc.gov/flu



United Methodist Credit Union

www.umfcu.org

If you are a United Methodist in New England, you are able to join the United Methodist Federal Credit Union. The link is posted above.

Many services are available, and an ATM card is available. Please check out the link to see if it's something you might want to do. It might even be a place where you could start a savings ac-



The Beacon of Hope supports both the York County Food Pantry in Alfred and Community Outreach Services (COS) in Kennebunk. They are always in need of supplies. Please consider giving weekly to these causes. Donations can be brought to the West Kennebunk UMC and/or Goodwins Mills UMC any Sunday.

You or someone you know could be in need. Please always feel free to reach out for help.

Here are some suggestions:



- Any canned meats, poultry, and fish (tuna, especially)
- Muffin, Brownie, Cake or Cornbread Mixes
- Fruit & Vegetables (canned)
- Hamburger or Tuna Helper (type meals)
- Peanut butter
- Jelly and jam
- Juices and bottles of water
- Saltine crackers, granola bars, chips
- Cereals (preferably non or low sugar, hot or cold)
- Oatmeal (packets or container)
- Macaroni & Cheese (boxed)
- Pancake/waffle Mix
- Pasta & Meals in a can (Ravioli, Spaghetti, etc.)
- Pet Food (canned or dried) and treats
- Shampoo and conditioner
- Toothbrushes & toothpaste
- Toilet Tissue, napkins and tissues
- Shaving Cream & soap (bars & liquid)
- Paper Towels
- Feminine Products
- Deodorant
- Laundry & dish soap

Church Mailing Addresses:

West Kennebunk UMC, P.O. Box 532, 160 Alfred Road, West Kennebunk, ME 04094

Christ Church, P.O. Box 87, Kennebunk, ME 04043

Goodwins Mills UMC, 55 Church Street, Lyman, ME 04002



If anyone is looking for addresses for members, non-members, people who no longer attend or anyone not in the directory, please call or email Sandy.

You are invited to BOH scheduled Zoom meetings.

Topic: **HeartSource meeting**

Time: Tuesdays at 03:30 PM Eastern Time (US and Canada)



1. Go to [Zoom.us](https://zoom.us)
2. Click "[Join a meeting](#)" near top
3. Enter meeting ID **899 5832 2582** and passcode 182150 click "[join.](#)"
4. Click "[Leave Meeting](#)" when finished

Caring Unlimited Sneaker Fund

Thanks to all who donated to the annual collection that helps support the children living in the Caring Unlimited Transitional housing in Sanford. Once again we were able to display many colorful paper sneakers representing your donations. This ministry is important in serving a need in the greater community.



The total sent to Caring Unlimited was \$324.00!!



CLYNK bags are located in the entry way. Please take one with you. Thank you!

If you would like a CLYNK bag or two mailed to you please let Sandy know. You can either send an email to goodwinsmillsumc@gmail.com or call the church office, 499-7438.

Your Environmental Impact

Every container you recycle helps the planet. Here are some of the good things you have done since you started using CLYNK.

Volume



You have diverted enough containers to fill 70.5 lobster traps.

Energy



You have saved enough energy to light 8.9 lightbulbs -- 24 hours a day -- for a year.

Emissions

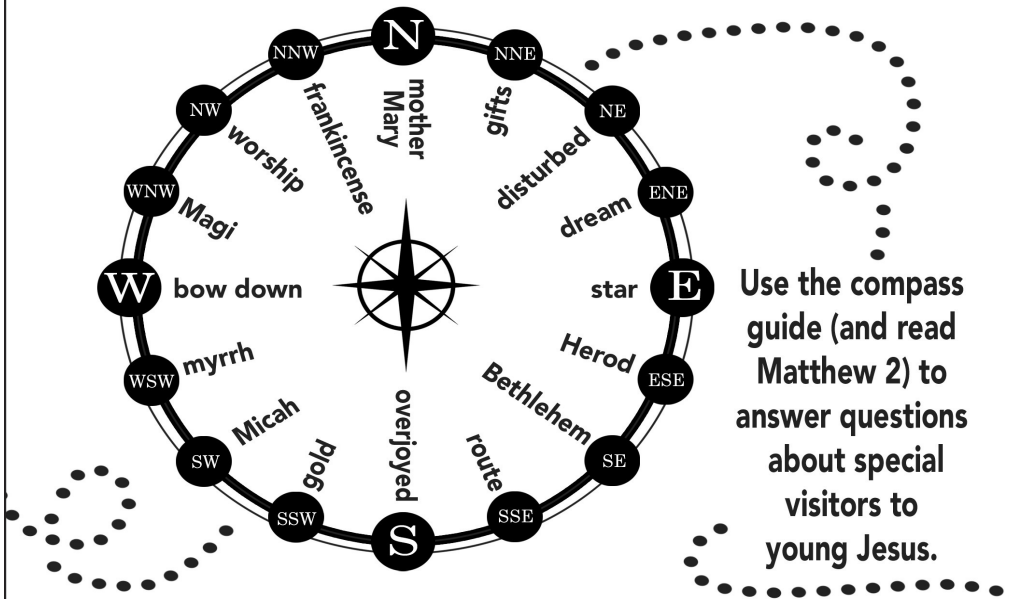


You have saved the emissions equivalent of driving your car 1,691 miles.



Overflowing With Thanks

Puzzle!



1. Who was king at the time of Jesus' birth? _____ (ESE)
2. Who came from the East to worship the one born king of the Jews?
_____ (WNW)
3. How did King Herod feel about Jesus' birth? _____ (NE)
4. Which prophet did the chief priests and teachers of the law quote when King Herod asked where the Christ would be born? _____ (SW)
5. In what city would Christ be born? _____ (SE)
6. King Herod lied to the wise men, telling them to search and report back so he, too, could do what to Christ? _____ (NW)
7. What did the Magi see in the east and follow to find Jesus? _____ (E)
8. When the star stopped, how did the Magi feel? _____ (S)
9. Who else did the Magi see with Jesus? His _____ (N)
10. Before they worshiped the child, what did the Magi do? _____ (W)
11. Name the three treasures the Magi brought for Jesus.
_____ (SSW) _____ (NNW) _____ (WSW)
12. These three treasures were all brought for Jesus as _____ (NNE)
13. What warned the Magi not to return to Herod? A _____ (ENE)
14. The Magi had to return to their country by another _____ (SSE)

Answers: 1. Herod; 2. Magi; 3. disturbed; 4. Micah; 5. Bethlehem; 6. worship; 7. star; 8. overjoyed; 9. mother Mary; 10. bow down; 11. gold, frankincense, myrrh; 12. gifts; 13. dream; 14. route

Mission Project Proposal - Help for the Homeless



Stuff the Tent

After service at Goodwins Mills around the tent that is being stuffed for the homeless!

Opportunity Alliance is a social services agency providing approximately 50 integrated community based and clinical programs serving more than 20,000 people in Maine. It is supported by grants and by private donations.

Becky Smart is the one and only “outreach case manager” for the PATH program for the entirety of York County. PATH (Project for Assistance

to Transition from Homelessness) is a federal program

Per Becky, homelessness is pervasive and people are dying from lack of housing, even here in the Kennebunk and Wells area, not just because of the weather, but because they can’t obtain food, medicine or medical care they need. The homeless don’t always look derelict or keep their belongings in shopping carts, so we often don’t recognize their situation when we see them. People are considered eligible for the PATH program if they have been unsheltered for 14 or more days, are in unstable housing, are couch surfing, and do not have other services in place. Becky’s first job is to get medical assistance for her clients and then to hook them up with other services for which they may be eligible, such as veterans programs, substance abuse programs, mental health services, and anything else that might be helpful.

Becky is meant to have 20 unsheltered clients at any one time and there is a waiting list for her services. In reality, people on the streets often ask her for help for their friends and she doesn’t refuse anyone. She actually has a list of more than 55 unsheltered people in York County that she helps on at least an intermittent basis. Her supervisor has an office in Biddeford, but Becky is based in her home and keeps materials to be donated in her basement, although most items don’t last very long. The 25 warming kits we donated during the winter were gone in a few minutes.

The number one item that clients ask for are socks. She would love it if we could do a sock drive and get new socks for her to hand out. Below is a list of other items that are frequently requested:

Flashlights and batteries

Duncan Donuts gift cards (any amount)

Men’s size 10-13 sneakers or work boots

Women’s size 8-10 sneakers

New underwear for both genders (any style)

Hygiene items (soap, shampoo, deodorant)

Toilet paper

Sleeping bags and Tents

Tshirts, shorts, sweats-both genders sizes M/L/XL

Backpacks & camping equipment (cooking, etc.)

Given that Becky has a nearly solo mission of supporting the unhoused in our midst, I would like to propose that Beacon of Hope “adopt” her clients as our mission project. If we are able to collect needed items on an ongoing basis, I will collect them monthly and see that Becky gets them to pass on to her clients. I think the best thing would be to collect the items at whichever church we are meeting through each month and I will gather them up on the last Sunday of the month.

This is identified as a great need right here in our community. Remember that what we give to the unhoused is a gift to Jesus himself, who, like them, had no place to lay His head, and we will want to give the best we can.



Our Outreach Missions

Our Food Baskets in the Sanctuary and ready to be filled!!

Non-Perishable Food items and Personal Care items can be brought to church on Sunday morning and left in the baskets behind the back pews. Each week donations are brought to the food pantry or Community Outreach Services (COS).

You may also send a donation:

York County Shelters Food Pantry. You can mail a check to York County Shelter Programs, 24 George Rd, Alfred, ME 04002, Attn: Pam please write "food pantry" on the memo line of your check.

Community Outreach Services (COS), which supports Kennebunk, Kennebunkport and Arundel. You can mail a check payable to COS to PO Box 1175, Kennebunk, ME 04043...again, please write "food pantry" on the memo line of your check.

UNITED METHODIST ECONOMIC MINISTRY

Check them out at www.umeconomicministry.com

or United Methodist Economic Ministry on Facebook



Every month Betty Schofield makes a trip north to deliver clothing and other needed items to the people at the Salem Economic Ministry in Franklin County, ME. You can see from the pictures that her car is loaded for the September trip; this is typical of each month, made possible by all the donations dropped off at Christ Church for this purpose. If you want to bring donations to any of the three churches, we'll make sure they get to Betty. She will be making another trip near the end of October.



Don't you just love her traveling companion????

Remember we can help this Ministry at any time without leaving home!

To donate by mail, send your check to **United Methodist Economic Ministry**, 1458 Salem Road, Salem Township, Maine 04983



Thank YOU for Your Support!

Special thanks to Beverly Staples from West Kennebunk UMC and Betty Schofield from Christ Church for delivering donations several times a year!

BE THE CHURCH

*Protect the environment. Care for the poor.
Forgive often. Reject racism.
Fight for the powerless.
Share earthly and spiritual resources.
Embrace diversity. Love God. Enjoy this life.*

CLOSE TO HOME

BY JOHN MCPHERSON



LOOK FOR US ON-LINE!!

Our Parish Website

www.beaconofhopecooperativeparish.org

Our FACEBOOK pages

www.facebook.com/West-Kennebunk-UMC-10813883152242

The New England Conference Website www.neumc.org



All of our Beacon of Hope Cooperative Parish members are invited to join Rev. Ed on **Saturday October 14th at 10am in the Goodwins Mills Fellowship hall**, for an open and honest conversation where we will discuss and discern the next chapter for our Cooperative Parish. The meeting will be hosted by Rev. Ed and Nancy Bischoff, with our District Superintendent Arlene Tully in attendance. To be respectful of our time together, we will covenant to hold the meeting to no longer than 90 minutes. Please put this event on your calendar.

BOH CALENDAR OCTOBER, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30am Men's Club at GM 9:15am Worship service at WKUMC w/ Zoom 11:00am Worship service at GMUMC	2 9:00-1:00pm GM Office Open	3 9:00-1:00pm GM Office Open Super Sr Gathering 1-3 WK 3:30 pm Heart-Source Meeting via Zoom	4 9:00-1:00pm Christ Church Office Open 6:30pm Combined SPRC meeting at WK	5 9:00-1:00pm Christ Church Office Open 5:15-7:00pm TOPS in FH at GM	6 Office CLOSED 11:00 am Choir Rehearsal at West Kennebunk	7
8 9:15am Worship service at WKUMC w/ Zoom 11:00am Worship service at GMUMC	9 9:00-1:00pm GM Office Open  Indigenous Peoples Day	10 9:00-1:00pm GM Office Open 3:30 pm Heart-Source Meeting 6:00 pm CC Cabinet Mtg on Zoom	11 9:00-1:00pm Christ Church Office Open	12 9:00-1:00pm Christ Church Office Open 5:15-7:00pm TOPS in FH at GM	13 Office CLOSED 11:00 am Choir Rehearsal at West Kennebunk	14 Congregational Meeting w/all 3 churches 10:00am at Goodwins Mills UMC
15 9:15am Worship service at WKUMC w/ Zoom 11:00am Worship service at GMUMC Laity Sunday	16 9:00-1:00pm GM Office Open	17 9:00-1:00pm GM Office Open Super Sr Gathering 1-3 WK 3:30 pm Heart-Source Meeting via Zoom 6:00pm CC/FT meet in FH	18 9:00-1:00pm Christ Church Office Open	19 9:00-1:00pm Christ Church Office Open 5:15-7:00pm TOPS in FH at GM	20 Office CLOSED 11:00 am Choir Rehearsal at West Kennebunk	21
22 9:15am Worship service at WKUMC w/ Zoom 11:00am Worship service at GMUMC	23 9:00-1:00pm GM Office Open	24 9:00-1:00pm GM Office Open 3:30 pm Heart-Source Meeting WK Ad Council Mtg 6:00 pm	25 9:00-1:00pm Christ Church Office Open 8:30 am OWL Condo Assoc. Meeting at Christ Church	26 9:00-1:00pm Christ Church Office Open 5:15-7:00pm TOPS in FH at GM	27 Office CLOSED 11:00 am Choir Rehearsal at West Kennebunk	28
29 9:15am Worship service at WKUMC w/ Zoom 11:00am Worship service at GMUMC Reformation Sunday	30 9:00-1:00pm GM Office Open 	31 9:00-1:00pm GM Office Open Super Sr Gathering 1-3 WK 3:30 pm Heart-Source Meeting WK Ad Council Mtg 6:00 pm	<div> <i>Let's honor our leaders</i> OCTOBER IS PASTORAL APPRECIATION MONTH! <i>and show our appreciation!</i> </div>			Christ Church Federated Goodwins Mills UMC West Kennebunk UMC Thank you Rev. Ed for all you do!