



*From the Pastor*

*November, 2023*



Dear Church,

In November our three churches will each name three representatives to serve on a Beacon of Hope Coordinating Committee. Ad Councils and Cabinet will make recommendations to the Coordinating Committee who will have the power to make decisions on behalf of our Cooperative Parish. This is ONE way we are living into our Memorandum of Understanding with our three churches. This will help us to become more focused and give us an ability to move forward with greater certainty. Please be in prayer for this process. In November, I invite you to be invitational, please feel free to bring a family member, neighbor, or friend to church.

Please join us for our Ecumenical Thanksgiving Service on Tuesday the 21st to be held at the Advent Christian Church in Lyman with Pastor Russel Carle. In November we will celebrate Thanksgiving. While we prepare for this banquet, may we not forget those that face food insecurities each day. May we work to eradicate HUNGER in our communities and in the world. Also in November- I ask you to get involved, sign up to help in worship as a greeter, liturgist, or usher. Together- we are stronger. Please continue to pray for the Beacon of Hope Cooperative Parish. Please know that you are valued. We could not be on this journey without each and every person.

I wish you peace and Blessings,

Rev. Ed





## The struggle to become a butterfly

Before a butterfly is a butterfly it has to go through 4 stages.

1st - the mother butterfly lays the egg & it is fertilized by the father butterfly

2nd - The egg hatches

3rd- Into a larva often called a caterpillar

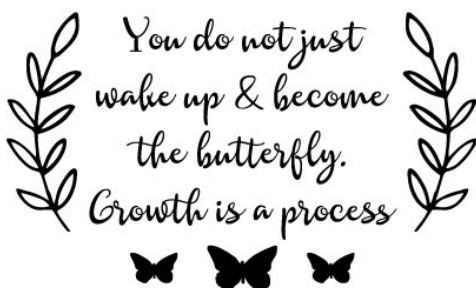
4th - The adult larva becomes a pupa as it makes & lives in the chrysalis for 5-21 days where it continues to evolve.

Inside the chrysalis the evolved butterfly struggles & struggles to get out of its tight chrysalis home & become the new beautiful creation that it is, the butterfly. And it knows it must fly away from its home to become a beautiful butterfly.

But, it is important that the butterfly struggles, because the struggles strengthen it, prepare it for its new life.

The Beacon of Hope is like a butterfly. We have grown from an idea to being more than just an idea, to believing that this is God ordained. We take little steps & bigger steps. We have our struggles. We have worked hard. We've overcome some obstacles. Stumbled to a halt. And are continuing to move forward with faith in this calling because we believe it is a calling. And, we will continue to evolve; we too don't know how long it will take. But the struggles are a part of the journey that will make us stronger. And, we CAN get there from here.

Michelle Violette



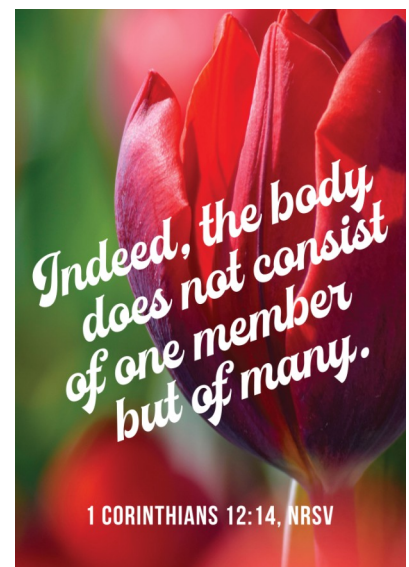
**Immeasurable God, Immeasurable Grace. This means that the grace of God that is directed to you is more than you can personally know or experience. You will never come to the end of it, nor will there ever be an experience in your life which will come upon you outside of God's grace**



God wants us to care for one another. When it became known that Rev. Ed needed new tires for his vehicle, there was an immediate response from the Beacon of Hope to get those tires! October was Pastor Appreciation month and the funds just kept coming in way beyond the cost of the tires!



On Sunday, November 5, 2023, Goodwins Mills UMC welcomed Jesse and Heather Jean into membership. Of course little Wesley was at the center and Grandpa Gorham was close at hand. Welcoming Jesse and Heather into Christian Fellowship was a joyous occasion!











Had to snap a picture of our fun neighbor for Halloween and the whole month of October! Thanks to the Tatro family for setting up a *Peanuts* pumpkin patch with a gigantic pumpkin! So many people stopped to take photos of it! Kids of all ages loved it!

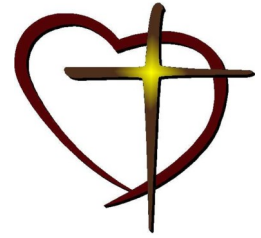


**LET US GIVE THANKS**





## What is HeartSource?



### Participants say:

*“HeartSource is a community of believers focused on enhancing worship through illuminating Scriptures.”*  
Beverly

*“HeartSource is a loosely gathered group of people who create collaboratively from heartfelt belief, enhancements to make worship joyful and more meaningful. To me, our common source of belief in Christ's love, allows us to respectfully interact despite our individual differences and to care about each other.”*  
Liz

*“A community that gathers to share gifts, talents, and inspirations to develop scripture based projects to support and enhance Sunday worship.”*  
Suzanne

*“Just as Jesus meets us where we are in our journey of faith, Heart Source is striving to make the Word and messages alive & relevant in another way to reach people where they are.”*  
Michelle

*“HeartSource, to me, is an opportunity to look deeply into scripture to understand what it meant in the time and culture in which it was written, but also how it applies to our lives in our time and culture, which is sometimes not the same thing. Then it is a way of communicating that understanding to the congregation during worship by using spoken, written and artistic expression to make it more intellectually and emotionally meaningful than just hearing the same scripture readings we have all heard over and over again for most of our lives.”*  
Barb

*“HEARTSOURCE is an opportunity for anyone who enjoys creating for worship. All forms of art, music, drama, liturgy, poetry, movement, and new ideas are included as possibilities. What is used comes out of reading chosen scripture, conversing and hearing ideas that come from the participants through this process. It is a powerful example of the Holy Spirit working among us!”*  
Susan

### Collective definition:

Beacon of Hope's HeartSource is a group of believers who respectfully interact in conversation through deeper study of scripture, making the Word alive and relevant by sharing gifts, talents, and inspirations to the worshipping community.<sup>6</sup>



Sr. Theresa Couture—9  
 Barbara Maling-Hicks—13  
 Lisa Maliska—19  
 Darcy Noble—27  
 Thomas Noble—29



*If we don't have your birthday or anniversary on file please leave a note or email for Sandy Farrar at [goodwinsmillsumc@gmail.com](mailto:goodwinsmillsumc@gmail.com) and we will get our records up to date. Thank you.*



We'd **REALLY** like to see you in person on Sunday Mornings!

**We Love Our VOLunteers**

*Let's sing in choir again!*

*All are welcome!*

For the month of November, Beacon of Hope Choir rehearsals are held **Fridays at 11:00 a.m. at the Goodwins Mills UMC, 55 Church Street in Lyman.** Any questions, contact Susan Heafield: [heafield.susan@gmail.com](mailto:heafield.susan@gmail.com) or 207-502-7402.



The choir will sing at  
Goodwins Mills UMC every  
 Sunday in November!





## From West Kennebunk UMC

Our Annual Holiday Fair is scheduled for November 18th this year. (Info regarding other tables (Crafts, Bakes, Decorations, RADA coming out shortly.)

### *Hello Beacon of Hope Family,*

Before we know it, our November Holiday Fair will be upon us. As part of this fair, we are hoping to have our "Silent Auction" again this year, but we need everyone's help to gather donations.

If you know a vendor that might donate an item, a gift card or a service, please contact them with a request. If you have a special talent....sewing, pottery, stained glass, artwork, greeting cards, jewelry etc., please consider a donation. And, you can always purchase a gift card ... such as Dunkin Donuts, Starbucks, Hannaford, Market Basket, WalMart, Target, Nail Salons Car Dealerships for an oil change or for any Restaurant in the area. Or think big if you know someone....fishing trip, a restaurant Chef's Dinner, a dozen lobsters, a week in a timeshare..... so many options!

Watch for sales....Children's toys, games, puzzles, outdoor equipment, sleeping bags, etc, all ages, always do well. This has been a very big event for us in the past, but has waned off a bit during the pandemic. Small appliances also do well. In the past, we've had as many as 200 items; I'd like to see a minimum of 80 items to consider this auction.

How about putting together a basket...these most always to do well....some themes are: Baking, Cooking,, Movie Night, Hostess Basket for Thanksgiving or Christmas, Gardening, Crafts, Beading, artwork, stationery & stamps...etc.... these could be for a child or an adult.

I have attached the form we use for donations...the right side is the is a "receipt" for your "vendor" and the left side gives me the info we need to send a thank you note and the retail value of the donation so I know where to start the bidding etc. I have also attached an older list that we used with "ideas" to support the Silent Auction. Last but not least, please send me a text or leave me a voicemail as you make contact with local businesses....this ensures that we are not double teaming them...we will update and distribute the list as I know who has been contacted. Thank you, everyone, for whatever you might be able to contribute to make this another successful Silent Auction.....***PLEASE feel free to call me, anytime, with questions.....***

Kind Regards & Blessings,  
Alayna  
207-632-7599





## West Kennebunk United Methodist Church

### Annual Silent Auction

Date: November 18, 2023

We are asking for your support for this annual fundraiser that goes toward our general budget so we can continue our support of local and worldwide missions.

**Business name:** \_\_\_\_\_

**Address & Telephone number:** \_\_\_\_\_  
\_\_\_\_\_

**Contact name** \_\_\_\_\_

**Item donated** \_\_\_\_\_

**Value of item** \_\_\_\_\_



## West Kennebunk United Methodist Church Silent Auction



Date: \_\_\_\_\_

We are asking for your support as we prepare for our annual Silent Auction. Your donations to our silent auction enable us to keep these missions in our general budget, such as:

York County Shelter

Adopt Families at Christmas

York County Food Pantry

Caring Unlimited

Community Outreach Services

Thank you for your donation to the WKUMC/Beacon of Hope.  
This is your receipt.

**Item donated** \_\_\_\_\_ **Value** \_\_\_\_\_

**Signed** \_\_\_\_\_

## Friends and Family Donations to Silent Auction

Here is a list of items that draw lots of bids. Toys are always a big draw as folks are doing their Christmas shopping. All items should be **NEW** please.

Toys: Legos, board games, books, scooter, trucks, dolls, erector set, Lincoln Logs, Beyblade, science kits, Fingerlings, Batman, Star Wars, Barbie, Klutz craft kits for tweens...check flyers for ideas!

Baby/Toddler Toys: riding toys, Let's Dance Elmo or any Elmo, walker, bouncy chair, activity cube/table

Small appliances: Instant Pot (super popular), toaster, griddle iron, sandwich maker, mixer, immersion blender

Tools: Drill, tool box, sander, wet/dry vacuum, handheld vacuum

Home Goods: Bedspread set, Mirror, throw pillows, glasses, shelves, serving dishes

Sports: soccer ball, basketball, skateboard, ski accessories

Gift baskets...folks love them and they look great spread throughout tables:

Baby gift basket – hooded towel, baby nightgown, bath accessories, rubber duckie all in basket or baby bath.

Gardening Gift Basket – trowel, gloves, seeds, garden stone, nursery gift card

Crackers and Wine basket – crackers, cheese, wine, wooden cutting board, cheese spreader, tea towel

Movie Night Basket, Game Night Basket

Art/Books – paintings by local artists, signed books by local authors, or just a favorite book on history, gardening, music, sports etc.

Gift Cards – when you are at your favorite store or restaurant, buy a gift card to donate to our auction: Target, Kohls, LL Bean, Walmart, Hannaford's, Market Basket, Duffy's, Mike's American Diner, 99's, Applebees, Valerie's, The Steakhouse, Mike's Clam Shack, Reny's, Dollar Store..... Etc., etc. .... wherever you shop, purchase a gift card to do-



***We are hoping that everyone might do one to three items for the auction, without putting undue stress on anyone....please just do what you can, or get someone else to do the donating for you!***

# PLEASE KEEP IN YOUR Prayers

Below are the names of people or situations from the Beacon of Hope Cooperative Parish that need your prayers. To add or remove names on the list, please contact Sandy Farrar before the 20<sup>th</sup> of the month at [gmumc@gmail.com](mailto:gmumc@gmail.com)

Pam Boyden

Baby Miracle Chapman

Cory, Liam & Maverick

Lisa Dufour (Ruth Morrison's sister-in-law)

Kevin Hickey

Bethany Hickey (wife)

Kevin & Kelen Hickey (sons)

Jessica & Family

Connor Johnson (West Kennebunk)

Barbara Lawson

Marcia Lawson

Lettie Lemay

Cathy Mullen (Margie Lord's sister-in-law)

Ed Philbrook

Dick Cadmus

Joanna Brown

David Harriman (Sandy Farrar's cousin)

Helena called and asked to be put on the prayer list along with her daughter, Laura, and friends: Kathy & husband, John, Chris, Linda, Gloria, Patty, Everett, Donna, Michelle, Steve, Gail, Cindy & Maureen.

Matthew Philbrook

Stephen Raynolds

Roy & Derrick

Pattie Vigue



Thanks for the many blessings we have received and for this church family.

*Please also keep our Bishop Rev. Peggy Johnson, our District Superintendent, Rev. Arlene Tully and our pastor Rev. Ed Bove and family in your prayers.*



For Pastoral Care

Please Contact

Rev. Ed Bove

(401) 525-6866 or

[revbove@gmail.com](mailto:revbove@gmail.com)



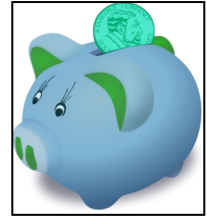


# United Methodist Credit Union

[www.umfcu.org](http://www.umfcu.org)

If you are a United Methodist in New England, you are able to join the United Methodist Federal Credit Union. The link is posted above.

Many services are available, and an ATM card is available. Please check out the link to see if it's something you might want to do. It might even be a place where you could start a savings ac-



The Beacon of Hope supports both the York County Food Pantry in Alfred and Community Outreach Services (COS) in Kennebunk. They are always in need of supplies. Please consider giving weekly to these causes. Donations can be brought to the West Kennebunk UMC and/or Goodwins Mills UMC any Sunday.

You or someone you know could be in need. Please always feel free to reach out for help.

Here are some suggestions:



- Any canned meats, poultry, and fish (tuna, especially)
- Muffin, Brownie, Cake or Cornbread Mixes
- Fruit & Vegetables (canned)
- Hamburger or Tuna Helper (type meals)
- Peanut butter
- Jelly and jam
- Juices and bottles of water
- Saltine crackers, granola bars, chips
- Cereals (preferably non or low sugar, hot or cold)
- Oatmeal (packets or container)
- Macaroni & Cheese (boxed)
- Pancake/waffle Mix
- Pasta & Meals in a can (Ravioli, Spaghetti, etc.)
- Pet Food (canned or dried) and treats
- Shampoo and conditioner
- Toothbrushes & toothpaste
- Toilet Tissue, napkins and tissues
- Shaving Cream & soap (bars & liquid)
- Paper Towels
- Feminine Products
- Deodorant
- Laundry & dish soap

## Church Mailing Addresses:

West Kennebunk UMC, P.O. Box 532, 160 Alfred Road, West Kennebunk, ME 04094

Christ Church, P.O. Box 87, Kennebunk, ME 04043

Goodwins Mills UMC, 55 Church Street, Lyman, ME 04002



**If anyone is looking for addresses for members, non-members, people who no longer attend or anyone not in the directory, please call or email Sandy.**

You are invited to BOH scheduled Zoom meetings.

Topic: **HeartSource meeting**

Time: Tuesdays at 03:30 PM Eastern Time (US and Canada)



1. Go to [Zoom.us](https://zoom.us)
2. Click "[Join a meeting](#)" near top
3. Enter meeting ID **899 5832 2582** and passcode 182150 click "[join.](#)"
4. Click "[Leave Meeting](#)" when finished

Christ Church Federated

Goodwins Mills UMC

West Kennebunk UMC

**grat-i-tude**

[grat i tood]

*noun*

the quality of being thankful; readiness to show appreciation for and to return kindness



CLYNK bags are located in the entry way. Please take one with you. Thank you!

If you would like a CLYNK bag or two mailed to you please let Sandy know. You can either send an email to [goodwinsmillsumc@gmail.com](mailto:goodwinsmillsumc@gmail.com) or call the church office, 499-7438.

## Your Environmental Impact

Every container you recycle helps the planet. Here are some of the good things you have done since you started using CLYNK.

### Volume



You have diverted enough containers to fill 70.5 lobster traps.

### Energy



You have saved enough energy to light 8.9 lightbulbs -- 24 hours a day -- for a year.

### Emissions



You have saved the emissions equivalent of driving your car 1,691 miles.



Overflowing With Thanks

# BE THE CHURCH

*Protect the environment. Care for the poor.  
Forgive often. Reject racism.  
**Fight for the powerless.**  
Share earthly and spiritual resources.  
Embrace diversity. Love God. Enjoy this life.*



## Bible Quiz



### Fill in the blank:

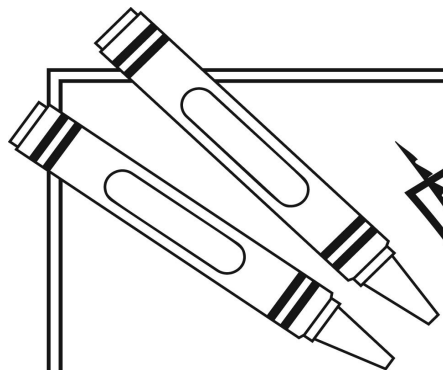
“Rejoice always, pray continually,  
give \_\_\_\_\_ in all circumstances;  
for this is God’s will for you  
in Christ Jesus.”

- A. alms
- B. praise
- C. thanks
- D. offerings



Answer: C (See 1 Thessalonians 5:16-18, NIV)





# PUZZLE

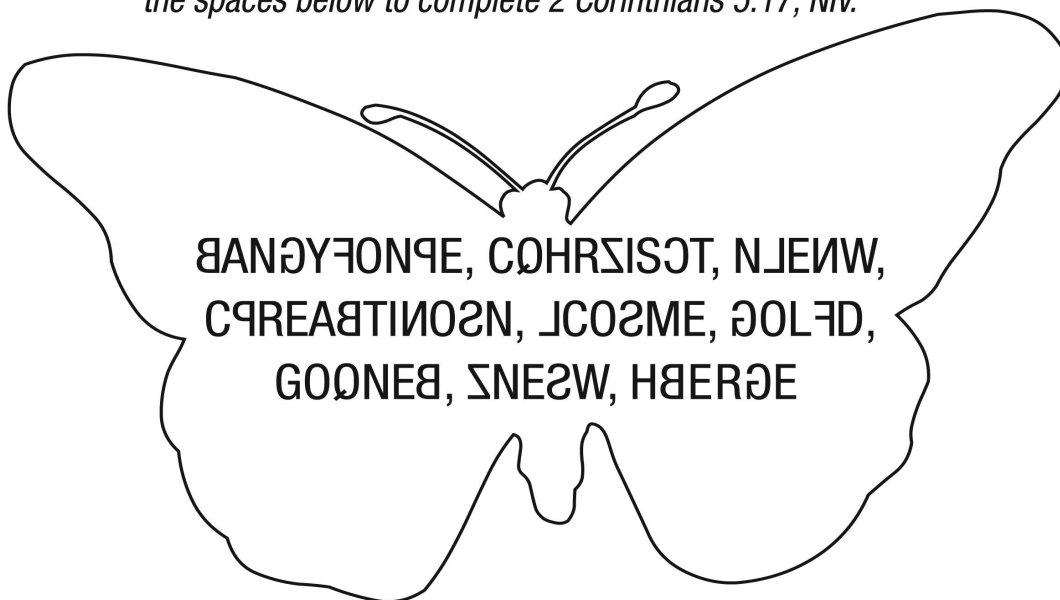
## Transformation**POWER**



Just as the caterpillar becomes a butterfly,  
God transforms us from old to new.



*Directions: Cross out the backward letters. Write the remaining letters in order in the spaces below to complete 2 Corinthians 5:17, NIV.*



Therefore, if \_\_\_\_\_ is in \_\_\_\_\_,  
the \_\_\_\_\_ has \_\_\_\_\_:

The \_\_\_\_\_ has \_\_\_\_\_,  
the \_\_\_\_\_ is \_\_\_\_\_!

2 C O R I N T H I A N S 5 : 1 7 , N I V

Answer: anyone, Christ, new, creation, come, old, gone, new, here



## Our Outreach Missions

### Our Food Baskets in the Sanctuary and ready to be filled!!

Non-Perishable Food items and Personal Care items can be brought to church on Sunday morning and left in the baskets behind the back pews. Each week donations are brought to the food pantry or Community Outreach Services (COS).

You may also send a donation:

**York County Shelters Food Pantry.** You can mail a check to York County Shelter Programs, 24 George Rd, Alfred, ME 04002, Attn: Pam please write "food pantry" on the memo line of your check.

**Community Outreach Services (COS),** which supports Kennebunk, Kennebunkport and Arundel. You can mail a check payable to COS to PO Box 1175, Kennebunk, ME 04043...again, please write "food pantry" on the memo line of your check.

### UNITED METHODIST ECONOMIC MINISTRY

Check them out at [www.umeconomicministry.com](http://www.umeconomicministry.com)

or United Methodist Economic Ministry on Facebook



Every month Betty Schofield makes a trip north to deliver clothing and other needed items to the people at the Salem Economic Ministry in Franklin County, ME. The next trip will be in **early December** with **warm clothes** and **holiday items**. Especially needed are items for teenage guys and gals. Any suggestions? Do you have any sports items you could donate like Red Sox or Patriots items? Maybe new or lightly used sporting equipment like basketballs, soccer balls, etc. How about filling a cosmetic bag or basket with something for a teenager? Art supplies and/or musical gifts would be welcome. The ministry works diligently to fill many family wish lists. If you want to bring donations to either WK or GM we'll make sure they get to Betty for her December trip.



Remember we can help this Ministry at any time without leaving home!

To donate by mail, send your check to **United Methodist Economic Ministry**, 1458 Salem Road, Salem Township, Maine 04983



**Thank YOU for Your Support!**

***Special thanks to Beverly Staples from West Kennebunk UMC and Betty Schofield from Christ Church for delivering donations several times a year!***

**Celebrating our 30th Season**  
**Seaglass Chorale presents**

# *a Celtic Holiday Celebration*

**Jean Strazdes, Artistic Director**

*Featuring*

***Irish Fiddlers Ryan & Brennish Thomson***

*and*

***Dancers from the Stillson School of Irish Dance***

**December 1<sup>st</sup> at 7 p.m.**

**December 2<sup>nd</sup> at 4 p.m.**

**Saint David's Episcopal Church  
Kennebunk, Maine**



# BEACON OF HOPE CALENDAR NOVEMBER, 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b> <b>9:15am Worship service at WKUMC w/ Zoom</b> <b>11:00am Worship service at GMUMC</b> <b>Reformation Sunday</b>	<b>30</b> <b>9:00-1:00pm GM Office Open</b>	<b>31</b> <b>9:00-1:00pm GM Office Open</b> <b>Super Sr Gathering 1-3 WK</b> <b>3:30 pm Heart-Source Meeting via Zoom</b>	<b>1</b> <b>9:00-1:00pm Christ Church Office Open</b> 	<b>2</b> <b>9:00-1:00pm Christ Church Office Open</b> <b>5:15-7:00pm TOPS in FH at GM</b>	<b>3</b> <b>Office CLOSED</b> <b>11:00 am Choir Rehearsal at Goodwins Mills</b>	<b>4</b>
<b>5</b> <b>9:30am Men's Club at GM</b> <b>9:15am Worship service WKUMC with Zoom</b> <b>11:00am Worship service at GMUMC</b>	<b>6</b> <b>9:00-1:00pm GM Office Open</b>	<b>7</b> <b>9:00-1:00pm GM Office Open</b> <b>3:30 pm Heart-Source Meeting</b> 	<b>8</b> <b>9:00-1:00pm Christ Church Office Open</b>	<b>9</b> <b>9:00-1:00pm Christ Church Office Open</b> <b>5:15-7:00pm TOPS in FH at GM</b>	<b>10</b> <b>Office CLOSED</b> <b>11:00 am Choir Rehearsal at Goodwins Mills</b>	<b>11</b> 
<b>12</b> <b>9:15am Worship service WKUMC with Zoom</b> <b>11:00am Worship service at GMUMC</b>	<b>13</b> <b>9:00-1:00pm GM Office Closed</b>	<b>14</b> <b>9:00-1:00pm GM Office Open</b> <b>1-3pm Super Sr Gathering WK</b> <b>3:30 pm Heart-Source Meeting via Zoom</b> <b>6:00 pm CC Cabinet Mtg on Zoom</b>	<b>15</b> <b>9:00-1:00pm GM Office Open</b>	<b>16</b> <b>9:00-1:00pm GM Office Open</b> <b>5:15-7:00pm TOPS in FH at GM</b>	<b>17</b> <b>Office CLOSED</b> <b>11:00 am Choir Rehearsal at Goodwins Mills</b>	<b>18</b> <b>WK Holiday Fair</b> 
<b>19</b> <b>9:15am Worship service WKUMC with Zoom</b> <b>11:00am Worship service at GMUMC</b>	<b>20</b> <b>9:00-1:00pm GM Office Open</b>	<b>21</b> <b>9:00-1:00pm GM Office Open</b> <b>3:30 pm Heart-Source Meeting</b> <b>6:00pm CC/FT meet in FH</b>	<b>22</b> <b>9:00-1:00pm GM Office Open</b> 	<b>23</b> <b>Office CLOSED</b>  <b>5:15-7:00pm TOPS in FH at GM</b>	<b>24</b> <b>Office CLOSED</b> <b>11:00 am Choir Rehearsal at Goodwins Mills</b>	<b>25</b>
<b>26</b> <b>9:15am Worship service WKUMC with Zoom</b> <b>11:00am Worship service at GMUMC</b>	<b>27</b> <b>9:00-1:00pm GM Office Open</b>	<b>28</b> <b>9:00-1:00pm GM Office Open</b> <b>1-3pm Super Sr Gathering WK</b> <b>3:30 pm Heart-Source Meeting</b> <b>WK Ad Council Mtg 6:00 pm</b>	<b>29</b> <b>9:00-1:00pm GM Office Open</b>	<b>30</b> <b>9:00-1:00pm GM Office Open</b> <b>5:15-7:00pm TOPS in FH at GM</b>	 <b>Celebrate</b> WITH ALL THE BOUNTY THAT THE LORD YOUR GOD HAS GIVEN TO YOU. <small>DEUTERONOMY 26:11, NRSV</small>	