

From the Pastor

July, 2023

Dear Beacon of Hope Cooperative Parish,

Are you ready? I mean are you really ready to start living into the reality of our three church cooperative parish half-time level? The half-time level of pastoral leadership was voted on and affirmed by our District Superintendent and the NE Conference Clergy Session... It's official!!!! In July we begin and continue our journey together.

This new reality, will require much grace, flexibility, and patience. We will all need to adapt if we are to focus on our mission to serve Jesus Christ in a hurting world. I thank you for continuing this journey of faith with me. I am excited about our future, and what we will be able to create together. I ask you to hold all of this in prayer.

I hope this July Newsletter finds you and your family happy and well. I wish you the greatest peace.

Peace and Blessings,

Rev. Ed





Hi everyone,

So many changes! I'm Sandy Farrar and I've been the Office Administrator at Christ Church for almost seven years. Now, in addition to that job I'll be the Office Administrator and Financial Secretary at Goodwins Mills UMC. I'm so very sorry to see my friend Terry go and wish her the best. Thankfully we'll keep in touch.

I've been to a couple of meetings at GM and have been training with Terry Tuesdays during June. I have so much to learn as every church operates a bit differently. I'll be working in the GM office Mondays and Tuesdays and in the Christ Church office Wednesdays and Thursdays from 9:00 am to 1:00 pm.

Please feel free to call, email or drop in with any questions, concerns or just to say hello.

A little about me... I've lived in Lyman for the past 26 years with my husband Chris. We have three sons who are all in their twenties (how did that happen so fast?!?), a black Lab named Katie and a crazy Bengal cat named Caesar.

You can reach me via the GM church office 207-499-7438, email; goodwinsmillsumc@gmail.com or via Christ Church office 207-985-4494 or email; christ-churchkbk@gmail.com.

I look forward to getting to know everyone!

Take care,

Sandy



Christ Church Federated choir needs more voices for a final worship celebration July 30 in its sanctuary on Dane Street in Kennebunk, ME. The building is up for sale but the congregation is moving on into the future. We are saying goodbye to the building - BUT NOT to THE CONGREGATION! In fact - we need more voices for our special leave-taking (decommissioning) service on July 30, 2023, at 10 a.m.
Would you be willing to help us?

Help us celebrate our unique story in Methodism and Congregational faiths since 1827. The choir will rehearse on Friday mornings at 11 a.m. at Christ Church sanctuary. The choral music will be one anthem from the past and one anthem that is new. If you can help but cannot do Friday morning rehearsals, Susan Heafield (choir director) will be glad to share music with additional rehearsals. Call Susan and tell her you can help us out: 207-502-7402. Or email: heafield.susan@gmail.com. Your participation will be greatly appreciated!

Worship at Christ Church - July, 2023

Yes! We are back at Christ Church on Dane street in Kennebunk along with our partners in worship and ministry within the Beacon of Hope Cooperative Parish, West Kennebunk UMC and Goodwins Mills UMC.

We will be spending the month of July remembering where we have been as a congregation at Christ Church. Each week in worship we will celebrate our past as a congregation along with realizing who we are at present and looking forward to the future. On July 30 we will have a worship service that will include liturgy for leave-taking - decommissioning - the sanctuary. Saying goodbye is mostly difficult. We will make that time happen so we can lament our loss.

Then we will celebrate our new pathway in mission and ministry. Worship will include new and familiar voices.

A church building with a long story of an active and vital congregation in the community is not in a vacuum. We invite the whole area to celebrate our past as well as help us move forward into the future. Thanks be to God for Christ Church Federated's story in history, present and future. We are the church of Jesus Christ!

Susan Heafield Worship Chair at Christ Church



Below are the names of people or situations from the Beacon of Hope Cooperative Parish that need your prayers. To add or remove names on the list, please contact Sandy Farrar before the 20th of the month at gmumc@gmail.com

Pam Boyden Marcia Lawson
Baby Miracle Chapman Lettie Lemay

Cory, Liam & Maverick Cathy Mullen (Margie Lord's sister-in-law)

Lisa Dufour (Ruth Morrison's sister-in-law) Ed Philbrook

Kevin Hickey Matthew Philbrook
Bethany Hickey (wife) Stephen Raynolds

Kevin & Kelen Hickey (sons)

Jessica & Family

Connor Johnson (West Kennebunk)

Barbara Lawson

Roy & Derrick

Pattie Vigue

Dick Cadmus

All who are addicted to drugs and/or alcohol

All children, school personnel, parents, grandparents, anyone who is helping them during this uncertain time

All churches

All families who've lost someone to COVID 19

All foster children, their families and teams

All health care personnel

All homeless people

All living with cancer, or helping a family member or friend

All Military personnel and their families

All nursing home communities

All those named in worship

All who deal with chronic conditions

All who deal with Depression and/or anxiety

All who deal with domestic violence

All who are looking for or have lost their jobs

York County and area food banks

Thanks for the many blessings we have received and for this church family.

Please also keep our Bishop Rev. Peggy Johnson, our District Superintendent, Rev. Arlene Tully and our pastor Rev. Ed Bove and family in your prayers.

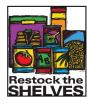
United Methodist Credit Union

www.umfcu.org

If you are a United Methodist in New England, you are able to join the United Methodist Federal Credit Union. The link is posted above.

Many services are available, and an ATM card is available. Please check out the link to see if it's something you might want to do. It might even be a place where you could start a savings ac-





The York County Food Pantry is always in need of supplies, <u>especially around the holidays</u>. Please consider giving weekly to this cause. It could be someone you know who is in need. Here are some suggestions:

Any canned meats, poultry, and fish (tuna, especially)

Brownie, Cake or Cornbread Mixes

Deodorant **ALWAYS IN NEED!

Fruit & Vegetables (canned)

Hamburger or Tuna Helper (type meals)

Jelly

Macaroni & Spaghetti (boxed)

Pancake Mix

Pasta & Meals in a can (Ravioli, Spaghetti, etc.)

Pet Food (canned or dried)

Shampoo **ALWAYS IN NEED!

Toothbrushes **ALWAYS IN NEED!

Toilet Tissue **ALWAYS IN NEED!

Bars of soap **ALWAYS IN NEED!

Cereals (preferably non or low sugar, hot or cold)

Feminine Products **ALWAYS IN NEED!

Hair Conditioner **ALWAYS IN NEED!

Hearty Soups & Stews

Juices

Maple Syrup

Paper Towels

Peanut butter

Saltine Crackers

Shaving Cream **ALWAYS IN NEED!

Toothpaste **ALWAYS IN NEED!

They really are in need right now for Peanut butter, Jelly and cereal (preferably non or low sugar, hot or cold)

Even though we aren't able to take your donations the Food Pantry it is still very much in need. You can take your donations directly to them yourself at 5 Swetts Bridge Road in Alfred. They very much appreciate any donations that come in especially during this COVID 19 crisis. The need to feed has not gone away. They are currently doing take out options for those in need.

They Truly appreciate all that we do as a church. Thank you so much for your generosity!!

We'd **REALLY** prefer to see you in person on Sunday Mornings.



But if you can't, **PLEASE** join us via



Every Sunday at 10:00 AM Eastern Time

- 1. Go to Zoom.us
- 2. Enter meeting ID 815 3333 7608 and click "join."

Advice from An Old Farmer

Your fences need to be horse-high, pig-tight and bull-strong.

Keep skunks and bankers at a distance.

Life is simpler when you plow around the stump.

A bumble bee is considerably faster than a John Deere tractor.

Words that soak into your ears are whispered... not yelled.

Meanness don't jes' happen overnight.

Forgive your enemies; it messes up their heads.

Do not corner something that you know is meaner than you.

It don't take a very big person to carry a grudge.

You cannot unsay a cruel word.

Every path has a few puddles.

When you wallow with pigs, expect to get dirty.

The best sermons are lived, not preached.

Most of the stuff people worry about ain't never gonna happen anyway.

Don't judge folks by their relatives.

Remember that silence is sometimes the best answer.

Live a good, honorable life... Then when you get older and think back, you'll enjoy it a second time.

Don 't interfere with somethin' that ain't bothering you none.

Timing has a lot to do with the outcome of a Rain dance.

If you find yourself in a hole, the first thing to do is stop diggin'.

Sometimes you get, and sometimes you get got.

The biggest troublemaker you'll probably ever have to deal with, watches you from the mirror every mornin'.

Always drink upstream from the herd.

Good judgment comes from experience, and a lotta that comes from bad judgment.

Lettin' the cat outta the bag is a whole lot easier than puttin' it back in.

If you get to thinkin' you're a person of some influence, try orderin' somebody else's dog around...

Live simply. Love generously. Care deeply. Speak kindly. Leave the rest to God.

Don't pick a fight with an old man. If he is too old to fight, he'll just kill you.

Most times, it just gets down to common sense.

Join us on August 5th

West Kennebunk Family Fun Day

for a

Pancake Breakfast

Pancakes, Sausage, Juice, Coffee, Tea, Chocolate Milk

8:00 - 10:30

Sponsored by

West Kennebunk United Methodist Church

LOOK FOR US ON-LINE!!

Our Parish Website

www.beaconofhopecooperativeparish.org

Our FACEBOOK page

www.facebook.com/West-Kennebunk-UMC-10813883152242



The New England Conference Website

www.neumc.org



Go Green, Save Money, Save the Earth: Stay cool and green this summer

For information on state rebates go to your state's section on our Creation Care resource pages at https://www.neumc.org/creationcare

There are many ways to cool our homes that end up reducing our utility bills. The added benefit is they lower our energy use, lower our carbon footprint, and fight climate change.

Keep windows shut and close your shades or blinds especially on southern and western windows.

Block the sun. Install awnings or plant deciduous trees so they shade the sunniest parts of your home. Trees sequester carbon and if they drop their leaves in the winter that allows the sun to heat your home when you need it.

Insulation in the basement, walls or attic helps block heat and cold. This leads to year-round savings on your utility bills and lowers your carbon footprint. There are state and federal rebates for insulation.

Look to keeping your cooling system several degrees warmer. Each degree warmer saves you money. Heat pumps often feature a drying setting which takes less energy as it de-humidifies your home. Often this is all you need to get through the hottest points in the day. This setting uses less energy, saves money and lowers your carbon footprint.

Wear loose cotton or linen clothing. These fabrics are coolest.

Adjust ceiling fans. For best cooling they should run counter clockwise and be set on medium or high. In winter they work best set on low and running clockwise.

Close off rooms you are not using, keep the coolest air where you are.

When it cools down at night open windows and doors that have screens and cool your home down naturally. In the fall take your screens down and the sunlight will warm your home more effectively.

Cook dinner in the backyard or at a park to keep the home cooler. Or choose meals that don't require a stove. Microwaves and toaster ovens use less energy than regular stoves and generate less heat.

Make sure all your lights are LED. These are much cooler than other options and use less energy.

Hack a fan. If you don't have a heat pump or air conditioner you can put a shallow bowl or pan of ice in front of a fan and enjoy the cool air. Sipping cool drinks and putting cool wash clothes on your neck also helps you cool down.

If it's time for an air conditioner upgrade, research energy star appliances which will save you money and are more efficient. There are rebates for these from state or federal sources.

Air or ground source heat pumps heat as well as cool. These reduce your fuel bill but will increase your electricity use. Most electricity in New England is cleaner than burning fossil fuel for temperature control. It is often cheaper than fossil fuel as well. There are rebates from federal and state level sources for heat pumps

Our Outreach Missions



Our Food Baskets in the Sanctuary and ready to be filled!!

Non-Perishable Food items and Personal Care items can be brought to church on Sunday morning and left in the baskets behind the back pews. Alayna and Robin take these donations to the Food Pantry on a regular basis.

You may also send a donation:

York County Shelters Food Pantry. You can mail a check to York County Shelter Programs, 24 George Rd, Alfred, ME 04002, Attn: Pam...please write "food pantry" on the memo line of your check.

Community Outreach Services (COS), which supports Kennebunk, Kennebunkport and Arundel. You can mail a check payable to COS to PO Box 1175, Kennebunk, ME 04043...again, please write "food pantry" on the memo line of your check.

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UNITED METHODIST ECONOMIC MINISTRY

Check them out at

www.umeconomicministry.com or United Methodist Economic Ministry on Facebook

Non-perishable food items and clean gently used clothing and household items may be left in our Missions Loft (the old choir loft) at any time.

FMI: contact Alayna (632-7599) or Beverly (809-9268).

Remember we can help this Ministry at any time without leaving home!

Bottom of Form To donate by mail, send your check to **United Methodist Economic Ministry**, 1458 Salem Road, Salem Township, Maine 04983

Thank YOU for Your Support!

BOH CALENDAR JULY, 2023 (REVISED)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28						1
2	3	4	5	6	7	8
10:00am Worship w/ZOOM at Christ Church with all 3 churches	Office CLOSED	Office CLOSED 3:30 pm Heart-Source Meeting via Zoom	9:00-2:00pm Office Open	9:00-2:00pm Office Open 5:15-7:00pm TOPs in FH	Office CLOSED 11:00 am Choir Rehearsal at Christ Church	
9	10	11	12	13	14	15
10:00am Wor- ship w/ZOOM at Christ Church with all 3 churches Christ Church Annual Meeting after service	9:00-1:00pm GM Office Open	9:00-1:00pm GM Office Open Super Sr Gathering 1-3 WK 3:30 pm Heart- Source Meeting 6:00 pm CC Cabinet Mtg	9:00-1:00pm CC Office Open	9:00-1:00pm CC Office Open 5:15-7:00pm TOPs in FH	Office CLOSED 11:00 am Choir Rehearsal at Christ Church	
16	17	18	19	20	21	22
10:00am Wor- ship w/ZOOM at Christ Church with all 3 churches	9:00-1:00pm GM Office Open	9:00-1:00pm GM Office Open 3:30 pm Heart- Source Meeting via Zoom 6:00pm CC/FT meet in FH	9:00-1:00pm CC Office Open	9:00-1:00pm CC Office Open 5:15-7:00pm TOPs in FH	Office CLOSED 11:00 am Choir Rehearsal at Christ Church	
23	24	25	26	27	28	29
10:00am Wor- ship w/ZOOM at Christ Church with all 3 churches	9:00-1:00pm GM Office Open	9:00-1:00pm GM Office Open Super Sr Gathering 1-3 WK 3:30 pm Heart- Source Meeting WK Ad Council	9:00-1:00pm CC Office Open	9:00-1:00pm CC Office Open 5:15-7:00pm TOPs in FH	Office CLOSED 11:00 am Choir Rehearsal at Christ Church	
		Mtg 6:30 pm				
30	31	1	2	3	4	5
10:00am Wor- ship wZOOM at Christ Church with all 3 churches	9:00-1:00pm GM Office Open	9:00-2:00pm Office Open 3:30 pm Heart- Source Meeting	9:00-1:00pm CC Office Open	9:00-1:00pm CC Office Open 5:15-7:00pm TOPs in FH	Office CLOSED 11:00 am Choir Rehearsal at Christ Church	