



April, 2024

Dear Church,

Christ is the Vine and we are the Branches. We are to bear fruit for the kingdom of God. Paul tells us in Galatians 5:22-23 that the fruits of the Spirit are: love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control. If a visitor came into our worship services, would these gifts of the Spirit be self-evident? Would we as a community of faith in Christ reflect these things to them? In this Easter season, I invite you to reflect on each of these things. How have you grown in peace, in patience, in kindness? How has being part of the Beacon of Hope Cooperative Parish helped you grow in your faith? What could we do better? In our walk with Christ, we are to have faith. We are to listen and learn. We are to live into the transforming grace that God offers us. In this season I hope that you are able to recognize how you have grown in relationship to a loving and gracious God. I invite you to dive deep into the worship experience. Dive deep into prayer. As John Wesley reminded the early Methodists, the best gift is that God is with us. Christ abides in us, and we abide in Him. Praise God!

I wish you a wonderful April.

Rev. Ed



JOY IN FAITH

Dorothy W. Pillsbury

Member of Christ Church

Joy is learning to laugh at yourself.

Joy is an expectant heart.

Joy is awareness of love.

Joy is blue skies and white clouds.

Joy is slanting rain and wind on your face.

Joy is in rings of overlapping raindrops in a puddle.

Joy is finding a rainbow on wet pavement.

Joy is striving to think.

Joy is encouragement for struggle.

Joy is being affirmed rather than criticized.

Joy is hope found in and through the building up of another.

Joy is seeing the good in the least of us (ourselves).

Joy is an imaginative idea.

Joy is sharing—whether it be gladness or sorrow.

Joy is work to do and the ability to do it.

Joy is the satisfaction that comes when you've done it.

Joy is the answer to loneliness.

Joy is creativity—whether it be baking a cake or writing a poem.

Joy is a feeling of affinity with nature.

Joy is a thirst and a yearning after God.

Joy is in the surge of the sea.

Joy is in the reaching out of your hand to the Christ in another.

Joy is being brushed by the fingertips of God with the feeling of His presence.

School Around Us presents



Haphazardly Ever After

By Jeff Fluharty



April 11 @ 7PM
April 12 @ 7PM
April 13 @ 2PM

Goodwins Mills United Methodist Church
55 Church Street, Lyman

Buy your tickets at
<https://www.schoolaroundus.org/play>

*Produced by special arrangement with
Pioneer Drama Service, Inc., Denver, Colorado





The Planeteers of Southern Maine

Looking for a way to keep fabrics and textiles out of your trash and out of landfills? Check out The Planeteers of Southern Maine (<https://www.facebook.com/SOMEPlaneteers/>). They conduct periodic drives to collect and repurpose the following items:

COLLECT
Helpsy

WHAT WE ACCEPT

For re-wear, reuse, and recycling, we accept the following items in any condition for all ages and genders so long as they are clean, dry, and odorless. Everything should be kept dry in a closed, plastic bag. Recycling your clothes shouldn't be hard, we're here to help!

<p>FOOTWEAR</p> <ul style="list-style-type: none">• Shoes• Heels• Flats• Sandals• Flip Flops• Boots (all varieties)• Sneakers• Cleats• Slippers <p>ACCESSORIES</p> <ul style="list-style-type: none">• Hats• Bags (pocketbooks, backpacks, duffle bags, totes)• Belts• Gloves• Ties• Scarves• Bathrobes• Jewelry <p>OTHER</p> <ul style="list-style-type: none">• Luggage• Sports jerseys• Stuffed animals	<p>CLOTHING</p> <ul style="list-style-type: none">• Tops (t-shirt, blouses, shirts, tank tops)• Sweaters• Sweatshirts• Dresses• Outerwear (coats, jackets, blazers)• Bottoms (pants, slacks, jeans, sweatpants, skirts, shorts)• Suits• Pajamas• Intimates (slips, bras, underwear, socks)• Baby clothing <p>LINENS</p> <ul style="list-style-type: none">• Sheets/pillowcases• Blankets• Comforters• Curtains/Drapes• Aprons• Dish cloths• Cloth napkins• Table linens• Quilts
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Puzzle!

Fill in the horizontal rows using the clues. Then, using the number codes, complete the squares below to read three Beatitudes from Luke 6:20-21, NIV.

- Grassy area behind a house
- Blooms that have petals
- Spring precipitation
- Puffy and white in the sky
- Soil
- Lawn
- Must be weeded and tended
- Tiptoe through these
- Baby sheep
- We need food and this
- God made this from nothing
- A sign of God's promise
- These, in April, bring May flowers

1	2	3	4	5	6	7	8
9	10	11	12	13	14	15	
16	17	18	19				
20	21	22	23	24	25		
26	27	28	29				
30	31	32	33	34			
35	36	37	38	39	40		
41	42	43	44	45	46		
47	48	49	50	51			
52	53	54	55	56			
57	58	59	60	61	62	63	64
65	66	67	68	69	70	71	
72	73	74	75	76	77	78	

	1	10	13	15	25	39	38		2	7	13		5	22	23		12	73	11
17	31	39		45	22	63	7		9	70	56		5	22	23	58	46		
	27	15		61	73	13		4	18	19	30	26	22	49		22	9		
30	63	26		1	47	55	72	78	39	26		60	77	59		5	74	23	
	12	73	70		73	23	40	35	13	56		64	70	75		9	11	65	
5	63	23		75	18	10	47		1	76		72	48	61	27	34	9	44	13
26		1	43	55	72	78	76	24		2	7	13		5	22	23		75	73
22		12	59	39	45		64	63	52		9	22	58		5	70	42		
52	44	10	47		10	2	23	35	73										



Answers: backyard, flowers, rain, clouds, dirt, grass, garden, tulips, lambs, water, creation, rainbow, showers, "Blessed are you who are poor, for yours is the kingdom of God. Blessed are you who hunger now, for you will be satisfied. Blessed are you who weep now, for you will laugh."



Christ Church Federated

Goodwins Mills UMC

West Kennebunk UMC

Take time to “examen”

I’m grateful to live in an area with distinct seasons. Each time of year has unique characteristics that give way to the next. “For everything there is a season, and a time for every matter under heaven,” says Ecclesiastes 3:1 (ESV).

Each change of season also lends itself to *examen*, a spiritual practice that involves reflection. Typically done daily, examen invites people to recall past events (highlights, struggles, even mundane activities) and consider when they especially sensed God’s presence or when he seemed distant.

Try a deeper examen four times a year as the seasons change. As a starting point, use your answers to these questions:

- Looking back at the past season, when did I see God at work? What was life-giving to me?
- In what areas did I need God to work? What was life-draining?
- As I enter this next season, how is God inviting me to engage more with his presence?

—Janna Firestone



BUTTERFLY — The butterfly symbolizes resurrection, Easter and the new life we have in Christ Jesus. As a caterpillar disappears into a chrysalis, so Jesus’ lifeless body was hidden in a tomb. The emergence of the butterfly, rising into the sky in its beautiful new body, reminds us of Christ’s resurrection — and ours.

CONCERTS IN WEST K!

PRESENTING GREAT ACOUSTIC MUSIC SINCE 2014

WEST KENNEBUNK UNITED METHODIST CHURCH

160 ALFRED ROAD, KENNEBUNK, ME



MATT & SHANNON HEATON

IRISH MUSIC FROM BOSTON ON FLUTE & GUITAR

SUNDAY, MARCH 10, 3:00-5:00 P.M.



MÁIRE NÍ CHATHASAIGH & CHRIS NEWMAN

WORLD-RENOWNED HARP & GUITAR DUO FROM IRELAND!



SUNDAY, APRIL 28

3:00-5:00 P.M.



DOUG LAMEY

CAPE BRETON FIDDLE!

SUNDAY, MAY 19

3:00-5:00 PM



FRANK FERREL & KIMBERLEY HOLMES

FIDDLE & PIANO MUSIC FROM NEW ENGLAND & THE MARITIMES!

WEDNESDAY, JUNE 12

7:30-9:30 PM



Don't Forget our **Super Senior Gathering!**

We meet at WKUMC on Tuesday afternoon from 1:00 to 3:00 every other week.

In April, our meetings will be the 2nd, 16th and 30th.

Some folks just sit and chat, others knit/crochet, play a board or card game or work on a craft. It's mainly a time to "get out of the house" and visit with others.

We'd love to have you join us!

FMI: Contact Beverly (207) 809-9268



PLEASE KEEP IN YOUR
Prayers

Below are the names of people or situations from the Beacon of Hope Cooperative Parish that need your prayers. To add or remove names on the list, please contact Sandy Farrar before the 20th of the month at gmumc@gmail.com

Pam Boyden
Baby Miracle Chapman
Cory, Liam & Maverick
Lisa Dufour (Ruth Morrison's sister-in-law)
Kevin Hickey
Bethany Hickey (wife)
Kevin & Kelen Hickey (sons)
Jessica & Family
Connor Johnson (West Kennebunk)
Barbara Lawson
Marcia Lawson
Lettie Lemay
Cathy Mullen (Margie Lord's sister-in-law)
Herbie Nutting
Laurie Thompson
Dick Cadmus

Joanna Brown
The family of David Harriman
Helena called and asked to be put on the prayer list along with her daughter, Laura, and friends: Kathy & husband, John, Chris, Linda, Gloria, Patty, Everett, Donna, Michelle, Steve, Gail, Cindy & Maureen.
Matthew Philbrook
Stephen Raynolds
Roy & Derrick
Pattie Vigue
The family of Sharon Crippen
Shannon Corliss
Ed Philbrook
Gordon Sargent (Beverly Heald's brother)
Joshua Murray (Sandy's friend)



Thanks for the many blessings we have received and for this church family.

Please also keep our Bishop Rev. Peggy Johnson, our District Superintendent, Rev. Arlene Tully and our pastor Rev. Ed Bove and family in your prayers.



For Pastoral Care

Please Contact

Rev. Ed Bove

(401) 525-6866 or

revbove@gmail.com





Kristopher Clapp—6
 Rebekah Michaels—14
 Renee Arbisi—17
 Dick Graham—20

Jessie Olin—22
 Liz Roper—24
 Abbi Davis—25



If we don't have your birthday or anniversary on file please leave a note or email for Sandy Farrar at goodwinsmillsumc@gmail.com and we will get our records up to date. Thank you.



We'd **REALLY** like to see you in person on Sunday Mornings!

Church Mailing Addresses:

West Kennebunk UMC, P.O. Box 532, 160 Alfred Road, West Kennebunk, ME 04094
 Christ Church, c/o Goodwins Mills UMC, 55 Church Street, Lyman, ME 04002
 Goodwins Mills UMC, 55 Church Street, Lyman, ME 04002



Let's sing in choir again!

All are welcome!

For the month of April, Beacon of Hope Choir rehearsals are held **Fridays at 11:00 a.m. at the West Kennebunk UMC, 160 Alfred Road, W. Kennebunk, ME.** Any questions, contact Susan Heafield: at heafield.susan@gmail.com or 207-502-7402.



The choir will sing at West Kennebunk UMC every Sunday in April!



United Methodist Credit Union

www.umfcu.org

If you are a United Methodist in New England, you are able to join the United Methodist Federal Credit Union. The link is posted above.

Many services are available, and an ATM card is available. Please check out the link to see if it's something you might want to do. It might even be a place where you could start a savings account for vacations or other projects! \$ \$ \$ \$



The Beacon of Hope supports both the York County Food Pantry in Alfred and Community Outreach Services (COS) in Kennebunk. They are always in need of supplies. Please consider giving weekly to these causes. Donations can be brought to the West Kennebunk UMC and/or Goodwins Mills UMC any Sunday.

You or someone you know could be in need. Please always feel free to reach out for help.

Here are some suggestions:

- Any canned meats, poultry, and fish (tuna, especially)
- Muffin, Brownie, Cake or Cornbread Mixes
- Fruit & Vegetables (canned)
- Hamburger or Tuna Helper (type meals)
- Peanut butter
- Jelly and jam
- Juices and bottles of water
- Saltine crackers, granola bars, chips
- Cereals (preferably non or low sugar, hot or cold)
- Oatmeal (packets or container)
- Macaroni & Cheese (boxed)
- Pet Food (canned or dried) and treats
- Shampoo and conditioner
- Toothbrushes & toothpaste
- Toilet Tissue, napkins and tissues
- Shaving Cream & soap (bars & liquid)
- Paper Towels
- Feminine Products
- Deodorant
- Laundry & dish soap
- Pancake/waffle Mix
- Pasta & Meals in a can (Ravioli, Spaghetti, etc.)

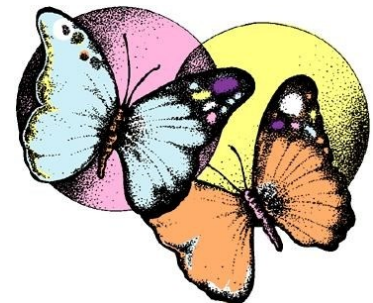


You are invited to BOH scheduled Zoom meetings.

Topic: **HeartSource meeting**

Time: Mondays at 03:30 PM Eastern Time (US and Canada)

1. Go to [Zoom.us](https://zoom.us)
2. Click "[Join a meeting](#)" near top
3. Enter meeting ID **899 5832 2582** and passcode 182150 click "[join](#)."
4. Click "[Leave Meeting](#)" when finished



Many Towns, One Circle: Challenging Racism and Injustice

We are a community group dedicated to identifying racial bias in ourselves, challenging racial injustice, and working together to build a more inclusive community. We hold in-person events several times a year, and send out monthly “Anti-racism moment” emails. If you would like to be on our email list, please send your email address to Linda Stathoplos f(\(isbell@verizon.net <mailto:isbell@verizon.net>)) and you will be added to this community!



CLYNK bags are located in the entry way. Please take one with you. Thank you!

If you would like a CLYNK bag or two mailed to you please let Sandy know. You can either send an email to goodwinsmillsumc@gmail.com or call the church office, 499-7438.

Your Environmental Impact

Every container you recycle helps the planet. Here are some of the good things you have done since you started using CLYNK.

Volume



You have diverted enough containers to fill 70.5 lobster traps.

Energy



You have saved enough energy to light 8.9 lightbulbs – 24 hours a day – for a year.

Emissions



You have saved the emissions equivalent of driving your car 1,691 miles.



Bible Quiz

Which of the following is not called a “fruit of the Spirit” — but probably could be?

- A. love
- B. faithfulness
- C. self-control
- D. gratitude
- E. gentleness

A colorful illustration of various fruits including an apple, a banana, a pear, and grapes, set against a background of blue and green brushstrokes.

Answer: D (See Galatians 5:22-23.)

BEACON OF HOPE CALENDAR APRIL, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>31</p>	<p>1</p> <p>9:00-1:00pm GM Office Open</p> <p>3:30 pm Heart- Source Meeting via Zoom</p>	<p>2</p> <p>9:00-1:00pm GM Office Open</p> <p>Super Sr Gather- ing 1-3 WK</p>	<p>3</p> <p>9:00-1:00pm GM Office Open</p>	<p>4</p> <p>9:00-1:00pm GM Office Open</p> <p>5:15-7:00pm TOPS in FH at GM</p>	<p>5</p> <p>Office CLOSED</p> <p>11:00 am Choir Rehearsal at WKUMC</p>	<p>6</p>
<p>7</p> <p>8:30am Men's Club at GM</p> <p>10:00 am Communion serv- ice at WKUMC with Zoom</p>	<p>8</p> <p>9:00-1:00pm GM Office Open</p> <p>3:30 pm Heart- Source Meeting via Zoom</p>	<p>9</p> <p>9:00-1:00pm GM Office Open</p> <p>6:00pm CC Cabinet meet- ing on Zoom</p>	<p>10</p> <p>9:00-1:00pm GM Office Open</p>	<p>11</p> <p>9:00-1:00pm GM Office Open</p> <p>5:15-7:00pm TOPS in FH at GM</p> <p>7:00pm SAU Performance</p>	<p>12</p> <p>Office CLOSED</p> <p>11:00 am Choir Rehearsal at WKUMC</p> <p>7:00pm SAU Performance</p>	<p>13</p> <p>2:00pm SAU Performance</p> 
<p>14</p> <p>10:00 am Worship service WKUMC with Zoom</p>	<p>15</p> <p>9:00-1:00pm GM Office Open</p> <p>3:30 pm Heart- Source Meeting</p>	<p>16</p> <p>9:00-1:00pm GM Office Open</p> <p>Super Sr Gather- ing 1-3 WK</p> <p>GM Ad Council Mtg 6:00 pm</p>	<p>17</p> <p>9:00-1:00pm GM Office Open</p>	<p>18</p> <p>9:00-1:00pm GM Office Open</p> <p>5:15-7:00pm TOPS in FH at GM</p>	<p>19</p> <p>Office CLOSED</p> <p>11:00 am Choir Rehearsal at WKUMC</p>	<p>20</p>
<p>21</p> <p>10:00 am Worship service WKUMC with Zoom</p>	<p>22</p> <p>9:00-1:00pm GM Office Open</p> <p>3:30 pm Heart- Source Meeting</p> 	<p>23</p> <p>9:00-1:00pm GM Office Open</p> <p>WK Ad Council mtg at 6:30 pm</p>	<p>24</p> <p>9:00-1:00pm GM Office Open</p> 	<p>25</p> <p>9:00-1pm GM Office Open</p> <p>5:15-7:00pm TOPS in FH at GM</p>	<p>26</p> <p>Office CLOSED</p> <p>11:00 am Choir Rehearsal at WKUMC</p> 	<p>27</p> <p>12:00-6 PM GMUMC</p>
<p>28</p> <p>10:00 am Worship service WKUMC with Zoom</p>	<p>29</p> <p>9:00-1:00pm GM Office Open</p> <p>3:30 pm Heart- Source Meeting</p>	<p>30</p> <p>9:00-1:00pm GM Office Open</p> <p>Super Sr Gather- ing 1-3 WK</p>	 <p style="font-size: 2em; font-weight: bold; margin: 0;">WELCOME</p> <p style="font-style: italic; margin: 0;">to our Church</p>			

